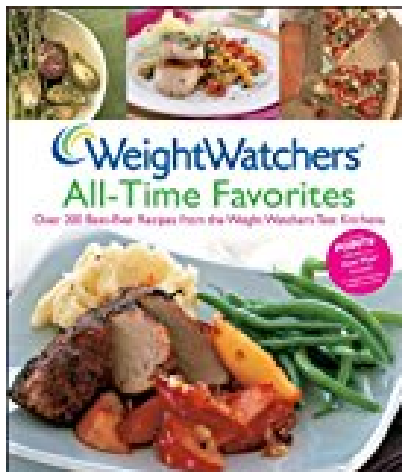


# Weight Watchers All-Time Favorites Over 200 Best-Ever Recipes from the Weight Watchers Test Kitchens Weight Watchers Cooking

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## BOOK DETAILS

- Author : Weight Watchers
- Pages : 312 Pages
- Publisher : Houghton Mifflin Harcourt
- Language : English
- ISBN : 0470169990

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## **BOOK SYNOPSIS**

Showcasing its most popular dishes, the weight-loss gurus present more than two hundred delicious and healthy recipes for both classic comfort foods and zesty international specialties, along with complete nutritional information for each recipe, including listings for trans fats, and highlighting those recipes from Weight Watchers CORE program.

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